



What Are the Benefits of Collagen?

What is collagen?

Collagen is one of the most important proteins in the human body. It gives resilience and structure to your skin, hair, bones, joint cartilage, muscles, nails, and other connective tissues. Collagen plays many roles that affect how you feel, look, and function.

Why are people taking collagen supplements?

Unfortunately, the body's natural production of collagen declines with age. By the mid-20s to early-30s, many of us are noticing the first signs of aging: fine lines around the eyes, thinner skin, cellulite, weaker muscles, and joint pain. In addition to declining levels, existing collagen within the skin can become further damaged from exposure to sunlight (UV rays), hormones, and poor nutrition.

Collagen supplementation is one of the most beneficial ways to address declining levels. Hydrolyzed forms of collagen (also called collagen peptides) are effective at reducing the visible signs of aging as the molecules have been broken down into smaller units that the body can absorb and use most efficiently. Along with helping to slow the natural decline in collagen, supplementation also delays the signs of aging by smoothing the formation of wrinkles and increasing skin elasticity and density.

Supplementation promotes healthy collagen and elastin production, helping to nourish healthy skin, connective tissue, and bones, while reducing joint pain associated with osteoarthritis. Collagen provides anti-aging support from the inside out.

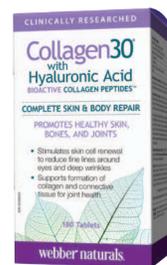
What kind of collagen supplement should I choose?

A variety of collagen products are available depending on your need and goal. Complementary ingredients such as hyaluronic acid and ceramides allow for improved skin hydration, while biotin is important for the health and strength of hair, skin, and nails.

9223557 (R1) © 2020 WN Pharmaceuticals Ltd. All rights reserved.

webber naturals®. Make every day *Better* with Webber.

Hydrolyzed Collagen Peptides – Which Product Is Right for You?



Features	Collagen30	Collagen30 with Biotin	Collagen30 with Ceramides	Collagen30 with Hyaluronic Acid
Helps reduce deep wrinkles and fine facial lines	✓	✓	✓	✓
Stimulates skin cells to produce more collagen	✓	✓	✓	✓
Helps promote healthy elastin production	✓	✓	✓	✓
Helps promote healthy hair, skin, and nails with added biotin		✓	✓	✓
Helps prevent splitting and brittle fingernails		✓	✓	
Improves skin hydration and elasticity in 15 days with added ceramides and hyaluronic acid			✓	
Helps reduce joint pain associated with osteoarthritis	✓	✓	✓	✓
Includes L-tryptophan, an essential amino acid involved in muscle protein synthesis				✓
Provides athletic support with anti-aging benefits				✓
Non-GMO ingredients	✓	✓	✓	✓

Available in these formats

Tablets	✓	✓	✓	✓
Powder	✓	✓		

High-quality products that work

Collagen30 is made with clinically researched Verisol®, the only scientifically validated oral collagen peptide specifically optimized for skin improvement. Verisol (2.5 g/day) helps reduce wrinkles in less than 30 days.^{1,2} Collagen30 with ceramides features Ceramosides™ Phytoceramide extract – clinically researched phytoceramides to help improve skin hydration and elasticity in 15 days.³

References

1. Proksch E, Segger D, Degwert J, et al. Oral supplementation of specific collagen peptides has beneficial effects on human skin physiology: a double-blind, placebo-controlled study. *Skin Pharmacol Physiol.* 2014; 27(1):47-55.
2. Proksch E, Schunck M, Zague V, et al. Oral intake of specific bioactive collagen peptides reduces skin wrinkles and increases dermal matrix synthesis. *Skin Pharmacol Physiol.* 2014; 27(3):113-9.
3. Bizot V, Cestone E, Michelotti A, et al. Improving skin hydration and age-related symptoms by oral administration of wheat glucosylceramides and digalactosyl diglycerides: A human clinical study. *Cosmetics.* 2017; 4(4):37.

9223557 (R1) © 2020 WN Pharmaceuticals Ltd. All rights reserved.